

# One Power Consciousness

Volume 14

# Perfect Self Expressions

MANFRED H. E. ROHDE

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## Perfect Self Expressions

Volume 14

By  
Manfred H. E. Rohde

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Volume 14

# Perfect Self Expressions

MANFRED H. E. ROHDE

Jesus Christ is the proverbial 'golden tree of Life'; he is the mighty tree of righteousness. By means of which, we have righteousness, we have life and have it in abundance. This is he that has become, for us, the Last Adam.

We can now reach out to take possession of the perfect square of life, which must lead to health, wealth, love and perfect self-expressions, which in turn must lead to everlasting life and perfect happiness now and into the everlasting future. Cultivate the faith that can preserve alive its owner.

# One Power Consciousness

Perfect Self Expressions

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# Foreword

## Reflection

By reflection, we may prove to be the last generation on earth, which can be addressed in the way of One Power Consciousness. The writings, in the last chapter of the Bible book of Daniel, indicate that at the end, there will be “many who will rove about and the true knowledge will become abundant”. The time to acquire this true knowledge is now.

Also, at Daniel 12:10, the Bible writings state that at the end: ‘Many will cleanse themselves and whiten themselves and will be refined’. This requires taking in knowledge of the Bible’s teaching and come to understand the written word, more fully. The cycle of spiritual growth is encouraged, by the reading of the Bible as well as the One Power Consciousness books. Thereby, we will grow in understanding of the deep things of God, and change consciousness, from a consciousness of lack and limitations, to a consciousness of super abundance of all good with a consciousness of one power, which is the power of God and good.

Perfect self-expressions are timely reminders of perfect thoughts, which are needed, in order to express ourselves in an appropriate spiritual and Christian way, to bring into our lives the things promised and focused on.

Blessed is the person who reads the One Power Consciousness books in an undertone, day and night, and applies its teachings in their daily lives. It is by repetition that we make the perfect self-expressions a part of our deeper sub consciousness, leading to success and a better understanding of life.

In today's world, many are moving further and further away from the true knowledge and the laws of God, and from obedience to the faith of Jesus Christ. The time is now, to consider prayerful expressions to strengthen our desire to remain faithful to the end. By the expression; infinite Spirit open the way for the divine design of my life to manifest, let the genius within me now be revealed, let me see clearly the perfect plan; the perfect plan that brings about perfect happiness with health, wealth, love and perfect self expressions, which is the perfect square of life, we are moved ever forward to reflect on the faith of Jesus Christ that can preserve alive its owner.

By reading the perfect self-expressions, on a daily basis, you will surely be moved to grow in understanding and spiritual comprehension that is leading you to have harmony with God, on the basis of the faith of Jesus Christ.

May the reader be blessed with peace, poise, love and goodwill, thereby, he will be able to dissolve all negative



thought vibrations, leading to the faith that can preserve  
alive its owner?

## Chapter 1

# Perfect Self Expressions

Where there is peace, poise, love and goodwill, there is God's Spirit, and where there is God's Spirit, there is truth. Therefore, whosoever takes possession of this peace, poise, love and goodwill, will be able to dissolve all negative thought vibrations.

This is the formula for peace on earth and goodwill to all the nations, by becoming a new creation, being born of water and Spirit. This will come to us by means of faith in the ransom sacrifice of the only begotten Son of God, Jesus Christ. This faith speaks this way: You have to take in the basis knowledge of the teachings of salvation, by means of Jesus Christ, who has the power to do away with sin and death, leading to one power consciousness, by reading the Bible on a regular basis.

Therefore, we desire to believe that it was necessary for Jesus Christ to come, as a righteous man, to die for many unrighteous ones. It was Adam, who passed on to us the legacy of sin and death. It was Adam, who passed on to us the lack mentality, which lead to sin and death. Therefore, the Last Adam, the Christ, has the power, on the basis of righteousness, to change our consciousness from a consciousness of lack and limitation to a consciousness of super abundance of good with a consciousness of one power, which is the power of God and good.

This new consciousness must lead to perfect self-expressions, which opens the way to receiving goodwill, from God, by means of His undeserved kindness, whereby, we have the prospect to become clean as children of God.

May you, the reader, be blessed, with knowledge, insight, faith and wisdom to preserving alive of the soul?

Read the perfect self-expressions daily, and repeatedly, and these expressions will lead you to fountains of water of life, by means of Jesus Christ, our Lord. Blessed are the dead who die in the lord from now on.

1

Faith is the  
assured  
expectation of  
things hoped for;  
the evident  
demonstration of  
realities though  
not beheld.

Hebrews 11:1-2

2

Infinite Spirit, open the way for the divine design of my life to manifest: let the genius, within me, now be revealed, let me see clearly the perfect plan that leads to the perfect square of life, which brings about perfect happiness with health, wealth, love and perfect self-expressions.

3

Infinite Spirit,  
give me that,  
which is mine,  
according to the  
divine design of  
my life.

4

See God in  
every face and  
good in every  
situation, which  
makes you  
master of all  
conditions.



5

I am a new  
creation born of  
water and Spirit,  
the Spirit of  
which is from  
God, the Spirit  
that was also in  
Jesus Christ, our  
Lord.

6

By Spirit, within,  
I have become  
the progeny of  
the Christ, the  
offspring of the  
Last Adam.

7

The Last Adam  
is the Wonderful  
Counselor, the  
Mighty God, the  
Eternal Father  
and the Prince  
of Peace, which  
is the Christ.

8

By the  
Undeserved  
Kindness of God  
and by the  
mitigation of the  
Law of  
Consequences,  
I am clean.

9

By Spirit, within,  
I am Holy; I am  
a Son, or a  
Daughter, of  
God, by  
Adoption.

10

By Spirit, within,  
I am conscious  
of super  
abundance of  
good, I am  
conscious of one  
power, which is  
God and good.

11

By the Spirit of  
the Christ,  
within, I have  
been  
circumcised in  
the heart; I am,  
a new creation, I  
am a spiritual  
Jew.

12

Father, your will be  
done this day!

Today is a day of  
completion; I give  
thanks for this  
perfect day; miracle  
shall follow miracle  
and wonders shall  
never cease.



13

I have perfect  
work, in a  
perfect way; I  
give perfect  
services for  
perfect pay.

14

Bless your  
enemy and you  
rob him of his  
ammunition. His  
arrows will be  
transmuted into  
your blessings.

15

If I have a  
failure, I baptize  
it success in the  
name of the  
Father and the  
Son and the  
Holy Spirit.

16

Resistance is  
Hell, for it places  
man in a state of  
torment.

17

There is peace  
on earth, for him  
who sends  
goodwill to man.

18

Yes, the  
Almighty shall  
be your defense  
and you shall  
have plenty of  
silver.

19

The fear of the  
Lord (Law of  
God) is the  
beginning of  
wisdom.

20

Desire is a  
tremendous  
force and must  
be directed in  
right channels of  
thought, or  
chaos ensues.



21

Infinite  
Intelligence, give  
me the right  
house, equally as  
charming as this  
house, the house,  
which is mine by  
divine right?

22

The Law of  
Karma is the  
Carnal Law; you  
reap what you  
sow and cause  
and effect, the  
Law of  
Consequences.

23

The Law of the  
Undeserved Kindness  
is the Law of Grace,  
the Law of  
Forgiveness, and these  
are the laws, which  
will free man from the  
law of cause and  
effect, - the Law of  
Consequences, and  
from the Carnal Law.

24

I cast this  
burden of lack  
and limitations  
upon the Christ,  
within, and I go  
free to have  
plenty.

25

I cast this  
burden of lack of  
self-control upon  
the Christ,  
within, and I  
shall go free to  
have plenty of  
power.

26

By Spirit from God,  
which Spirit was also  
in Jesus Christ, I am  
loving, joyful,  
peaceful, mild, kind,  
good, faithful, long  
suffering and I have  
self control, which are  
the fruits of the Spirit.

27

Casting the  
burden enables  
one to see in the  
dark.

28

Children are  
always making  
believe, and unless  
you be converted  
and become as  
little children, you  
shall not enter into  
the Kingdom of  
God.



29

There is no  
peace or  
happiness for  
man, until he  
has erased all  
fear from his  
subconscious  
mind.

30

How can I get  
rid of fear? By  
love: by walking  
up to the thing  
you are afraid of.

31

In the twinkling  
of an eye, man's  
release will come  
when he realizes  
there is no  
power in evil.

32

No man is your  
enemy, no man  
is your friend;  
every man is  
your teacher.

33

Follow the path  
of love and all  
things are  
added, for God  
is love, God is  
supply.

34

The one that  
loves is born of  
God, because  
God is love.

35

Love is the  
fulfillment of the  
law.

36

I am always  
under direct  
inspiration; I  
make right  
decisions  
quickly.



37

It is easier to  
have fear than  
faith; therefore,  
faith is an effort  
of the will.

38

Man is here to prove God true, and to bear witness to the truth, and he can only prove God true by bringing abundance out of lack, and justice out of injustice.

39

Infinite Spirit,  
open the way for  
the Divine Design  
of my life to  
manifest; let the  
genius, within me,  
now be released;  
let me see clearly  
the perfect plan.

40

I am non resistant, I  
have an abundance  
of peace and poise  
with love and  
goodwill and by this  
I dissolve all  
negative thought  
vibrations. I am  
willing to be led.

41

The perfect plan,  
which gives perfect  
happiness, is the  
perfect square of  
life, which brings  
to you health,  
wealth, love and  
perfect self-  
expressions.

42

I am fully  
equipped for the  
Divine Plan of  
my life, be  
fearless in  
grasping  
opportunities.

43

You can expect  
any seemingly  
impossible good  
from God, if you  
do not limit the  
channel.

44

I cannot be  
separated from  
God, the Giver;  
therefore, I cannot  
be separated from  
God, the Gift. The  
gift is God in  
action.



45

I see God in every  
face and good in  
every situation.  
This makes me  
master of all  
conditions.

46

I expect the  
unexpected; my  
glorious good now  
comes to pass.

47

Flee from the  
things, which  
flee from you;  
seek nothing,  
fortune is  
seeking you.

48

Behold his  
shadow on the  
floor! Behold  
him standing at  
the door.

49

You are  
completely  
demagnetized  
when you desire  
something too  
intensely. Do not  
let your hearts  
desire become a  
hearts disease.

50

Now is the  
appointed time.  
Today is the day  
of my amazing  
good fortune.

51

Choose you this  
day, which you  
will serve, fear or  
faith? In every  
act prompted by  
fear lies the  
germ of its own  
defeat.

52

God makes a  
way where there  
is no way.



53

I am divinely led; I  
follow the right  
fork in the road.  
God makes a way  
where there is no  
way.

54

My supply comes  
from God, and big  
happy financial  
surprises now come  
to me, under  
undeserved  
kindness, in perfect  
ways.

55

The waters of  
my Red Sea  
part, and I pass  
over on dry  
land; I now go,  
forward, into my  
Promised Land.

56

The ground I am standing on is holy ground. I now expand rapidly into the divine plan of my life, where all conditions are permanently perfect.

57

The inspiration  
from the  
Almighty shall  
be my defense  
and I shall have  
plenty of silver.

58

Let me now  
express the  
Divine Idea in  
my mind, body  
and affaires.

59

Out of the  
imagination of  
the heart come  
the issues of life.

My ways are  
ways of  
pleasantness.

60

The goal is the  
Divine plan of your  
life, where all  
conditions are  
permanently  
perfect. In all your  
ways acknowledge  
Him and He will  
make your path  
straight.



61

Intuition flies out of the window when reason comes to the door. Intuition is a spiritual faculty, the super conscious and never explains itself. Do not reason yourself out of God's favor.

62

Your part is  
being a good  
receiver; prepare  
for your  
blessings, rejoice  
and give thanks,  
and it will come  
to pass.

63

I have weapons  
you know not of;  
I have ways,  
which will  
astound you.

64

There is a way  
out for me;  
Reveal to me the  
way.

65

There is no separation in Divine Mind; therefore, I cannot be separated from the love and companionship, which is mine, by divine right.

66

I now thank  
God, the Giver,  
for God the Gift.

67

Man's highest  
demand is for  
the Divine  
Design of his life.

68

The square of  
life, which brings  
perfect  
happiness, is  
health, wealth,  
love and perfect  
self-expressions.



69

Let the God in this child have perfect expressions; let the Divine Design of his mind, body and affaires be made manifest throughout his life, throughout eternity.

70

I am one with  
Infinite  
Intelligence. I  
know everything  
I should know  
on this subject of  
learning.

71

I desire only  
that, which God  
desires for me.

72

Know the Truth,  
which makes you  
free - free to bring  
into manifestation  
the Divine Design of  
your life with health,  
wealth, love and  
perfect self-  
expression; the  
perfect square of life.

73

By Spirit from  
God, which  
Spirit was also in  
Jesus Christ,  
there is truth.  
Everything else  
is forever  
changing.

74

Only that which  
is true of God is  
true for me, for  
the Father and I  
are one.

75

As I am one with  
God, I am one  
with my good, for  
God is both the  
Giver and the  
Gift. I cannot  
separate the giver  
from the Gift.

76

By Spirit from  
God, which Spirit  
was also in Christ  
Jesus, Divine love  
floods my  
consciousness with  
health and every  
cell in my body is  
filled with light.



77

My eyes are God's eyes, I see with the eyes of the Spirit. I see clearly the open way; there are no obstacles on my pathway. I see clearly the perfect plan; the divine design of my life with health, wealth, love and perfect self- expressions, the perfect square of life.

78

I am divinely  
sensitive to my  
intuitive leads and  
I give instant  
obedience to Thy  
will.

79

My ears are God's  
ears, I hear with  
the ears of the  
Spirit. I am non  
resistant and I am  
willing to be led. I  
bear glad tidings  
of a great joy.

80

I cast this  
burden of lack  
and limitation  
on the Christ,  
within, and I go  
free to have  
abundance of  
good.

81

I look with  
wonder at that  
which is set  
before me.

82

I have a  
wonderful  
business in a  
wonderful way,  
and I give  
wonderful  
service for  
wonderful pay.

83

Active faith is  
the bridge, over  
which man  
passes to his  
promised land.

84

Infinite Spirit,  
give me a definite  
lead, reveal to me  
my perfect self  
expression; show  
me, which talent  
I am to make use  
of now.



85

I am fully  
equipped for the  
Divine plan of  
my life; be  
fearless in  
grasping  
opportunities.

86

Infinite Spirit,  
open the way, for  
great abundance,  
for I am an  
irresistible magnet  
for all that  
belongs to me by  
divine right.

87

Goodwill produces  
a great aura of  
protection about  
the one who sends  
it and no weapons  
that are thus  
formed against  
him shall prosper.

88

Love and  
goodwill destroy  
the enemies,  
within one's self,  
therefore, one  
has no enemies,  
on the external.

89

There is peace  
on earth for him  
who sends  
goodwill to man.

90

Every man is a  
golden link in the  
chain of my good.  
For man is God in  
manifestation,  
awaiting the  
opportunity given  
by man himself, to  
serve the divine plan  
of his life.

91

I am now  
immune to all  
hurt and  
resentment: my  
poise is built  
upon a rock, the  
Christ, within.

92

Whereas, I was  
blind, now I can  
see.



93

I only desire that  
which Infinite  
Intelligence  
desires through  
me. I claim that  
which is mine,  
by Divine right.

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am  
whole and I am  
perfect.

95

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am  
strong and I am  
powerful.

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am love  
and I am kind.

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am  
harmonious and  
I am righteous.

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am  
joyful and I am  
happy.

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am  
peaceable and I  
am healthy.

100

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am  
wealthy and I  
am grateful.



101

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am the  
progeny of the  
Christ.

102

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am the  
offspring of the  
Last Adam.

103

By Spirit from  
God, by the  
Spirit, which  
was also in  
Jesus Christ, I  
am a New  
Creation.

104

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am  
born of water  
and Spirit.

105

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ: I am  
circumcised in  
the heart.

106

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ: I Am  
Holy.

107

By Spirit from  
God, by the  
Spirit, which was  
also in Jesus  
Christ, I am a  
Son, or a  
Daughter, of  
God.

Read these perfect self-expressions daily and make these a part of the man you are, within. Repeat these phrases and expressions often in the morning and at night; during the wakeful hours of the night when sleep is slow in coming and also read these Perfect Self Expressions when you walk on the road.

In that case, you will become wise to preserving alive of the soul. Acquire the faith that can preserve alive the owner. Share these Perfect Self-Expressions with your family, your friends and your neighbors, rejoice in the abundance of peace, poise, love and goodwill, by means of which, you will be able to dissolve all negative thought vibrations. Reach out to be baptized in the name of the Father, in the name of the Son and in the name of the Holy Spirit. This you can do by dying in the likeness of Jesus Christ's death. He died for the sins of the whole world of mankind and you die with reference to your own sins, in Jesus Christ, our Lord.

May you be among those who love the Father, the Christ and your neighbor, as you love yourself? It is then that you will be filled with a changed consciousness, from a consciousness of lack and limitation, to a consciousness of super abundance of good, with a consciousness of one power, which is the power of God and good.

This new consciousness is by means of water and Spirit, which comes to you through your baptism, in the name



of the Father, the Son and the Holy Spirit. By this baptism you will have died in the likeness of Jesus Christ's death. He died with reference to the sins of the world of mankind, and you, in turn, also die in the LORD with reference to your own sins.

Based on this faith, which is in the sin atoning ransom sacrifice of the righteous life of Jesus Christ, you have entry into the Kingdom of God, with Christ as King. By this faith, you are blessed indeed, and thereby, you will have received the Spirit from God, the Spirit, which was also in Jesus Christ, when Christ walked the earth as a man, as the Last Adam, as the Son of God.

The Spirit of the Christ, through your baptism, is now also, within. Therefore, you are able to display the fruitages of the Spirit, which are love, joy, peace, mildness, kindness, goodness, faith, long suffering and self-control.

Continue in the way of life and have peace, poise, love and goodwill, today and into all eternity, even forever.

Notes:

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## Reference Material

### **One Power Consciousness – Power Within**

From “The Great Shift – You Have The Power To Be

ISBN: 978-0-9564807-0-5 Volume 1

Author: Manfred H. E. Rohde Pr. Eng.

Free Thinker and Public Speaker

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### **The Master Key System**

Author: Charles F. Haanel (1866 - 1949) delivered the book “The Master Key System” and used the principles and concepts contained in this publication to build his own successful business. Known as the “father of personal development” Charles F. Haanel has revolutionized thought for almost one hundred years.

### **The Game Of Life And How To Play It**

By Author: Florence Scovel Shinn (1871 - 1940) Shinn became widely regarded as an important American spiritual teacher and lecturer.

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Gods Word, the KJV

**The Biology Of Belief**

Unleashing the Power of Consciousness,  
Matter & Miracles; by Bruce H. Lipton, Ph.D.